|  |  |  |  |
| --- | --- | --- | --- |
|  | **Do It** | **Don’t Do It** |  |
| **Positives** | **Me third** | **Me first** | **Positives** |
| **Negatives** | **Me last** | **Me second** | **Negatives** |
|  |  |  |  |

# …………………………………………………………………………………………….………………………………

To help with putting a decision into perspective or give it context (substance & meaning). Start by putting a list of positives for not doing it, then a list of negatives of not doing it. Then, a list of positives for doing it, and finally a list of negatives for doing in. Then review.